

# Recreation Games Study Guide

## History of Croquet

Originated in France.

### Objective of the Activity (Scoring system)

The objective is to race your opponent around the playing course and hit the finishing stake first.

### Equipment/Playing surface

Each game requires 1 set of 9 wickets, two stakes (posts), 6 mallets and 6 balls.

Usually played on grass.

### Rules/Faults

- \*The ball must be struck and not pushed and with the full face of the mallet.
- \*A player may, if he wholly misses the ball, strike again.
- \*Players are allowed an additional stroke after driving the ball through a wicket or the turning stake.
- \*Players are allowed two additional strokes if the player's ball strikes an opponents ball within the same turn or send that persons ball.
- \*Every stoke counts no matter how slightly the ball moves.

## History of the Bocce Ball

Originated in Italy.

### Objective of the Activity (Scoring system)

The objective of Bocce is to get as many of the bigger, weighted balls as close to the smaller target ball called a jack. When all balls have been thrown, the teams shall proceed to measure the distance of the balls from the jack. Each team's ball that is closer to the target ball than the nearest ball of the opposing team scores 1 point. As many as four points can be scored in one round. Games are played to a set point total usually 12, 15 or 21.

The game is played with two teams, with each team having one, two, or four players. For four player teams, each player throws one ball. For two player teams, each player throws two balls. For one player teams, each player throws four balls. When there are multiple players on a team, a playing rotation is determined at the start of a game and is maintained throughout the entire game.

### Equipment/Playing surface

Each game consists of one set of 8 balls (of different colors) and 1 jack ball. Can be played on grass or crushed shells.

### Rules/Faults

- \*The ball must be thrown underhanded.
- \*Players should not step over the foul line.
- \*Player tossing the jack must deliver the first ball.
- \*Teams will roll balls in an alternate fashion.

## **History of the Ladder Ball (Blongo ball)**

Ladder ball, also called Blongo ball, or Bolo ball originated in American campgrounds.

### **Objective of the Activity (Scoring system)**

The objective of the game is to throw a bola, which is a cord connecting two balls (often golf balls) together and wrapping the bola around one of three steps of the ladder, which is the target.

Points are determined by which step your bola wraps around. The top step is worth 3 points the middle step is worth 2 points and the bottom step is only worth 1 point. Players can score an optional bonus of 1 point by hanging all 3 bolas from the same step or by hanging a bola on all 3 (1-2-3) steps in one round. The highest amount of points available per player is 10. This is accomplished by hanging all 3 bolas on the top (3 point) step. If a bola touches both ladders it counts for both points.

Team members can knock-off bolas during the course of the game, in fact knocking-off the opposition team members' bolas is encouraged and a good way to play defensively. Bolas that are knocked off during play do not count as points.

Games are played to 21 points exactly. If the 21 points are exceeded then that team members score does not count for the team in that round and reverts to the previous total.

### **Equipment**

Each game consists of one ladder and 2 sets of 3 bolas. You can also buy one extra set so 3 teams can play.

### **Rules/Faults**

- \* Bolas can be thrown in any manner as long as they are thrown individually.
- \*The bola doesn't need a direct hit, it can bounce off the ground.
- \*The team going first throws all three bolas then the other team throws.

## **History of the Frisbee Horseshoes**

Originated in Spain.

### **Objective of the Activity (Scoring system)**

The object of the game is to pitch the Frisbee horseshoe so that it comes to rest encircling the stake or that it comes to rest within six inches of the stake.

Ringer = 3 points      Leaner, toucher or incher = 1 point

### **Equipment/Playing surface**

Each game consists of 2 stakes and 4 frisbees. Stakes are set in the ground 20 yards across from each other. Can be played in the grass or sand.

### **Rules/Faults**

- \*Players take turns tossing their Frisbee horseshoe at the stake on one end and then throw the opposite direction after scoring points.
- \*You must be quiet when your opponent is tossing.
- \*When tossing you need to stand to the right or left of the stake and not go past the stake with your foot.